

# NHL RELEASES NEW SEASON SCHEDULE, PG 7

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## Crash spills diesel onto Deerfoot

**CLEANUP** Fire crews worked quickly to clear 200 litres of diesel spilled onto the road after a multi-vehicle accident yesterday morning on southbound Deerfoot Trail.

Firefighters successfully managed the spill along the edge of Ivor Strong Bridge before it flowed into the Bow River, according to fire spokesperson Jeff Budai.

"It was quite a bit of diesel and we had to make sure we cleaned it up quickly for a number of factors," Budai said, adding sanders and sweepers were also dispatched.

Southbound Deerfoot Trail was closed off most of the day for cleanup.

METRO CALGARY

### Comment pg 5

Stand up to pick up?



### Focus On First Nations

For the next week, Metro Canada will be focusing on First Nations and Aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, July 21-23, in Calgary.

• Today  
• Chief Clarence Louie – economic independence for First Nations, pg 5



# Door still open: Chief

But province, city insist they will move on after failed ring road deal



ROBIN JAHN/STAFF FOR METRO CALGARY

AMY GREGSON  
for Metro Calgary



### Vote

- Tsuu T'ina band members voted 60 per cent against the province's proposed ring road deal on June 30.

province and city are saying the deal is dead.

Transportation Minister Luke Ouellette said the province is already exploring other options.

"The premier was awfully clear yesterday in that we wouldn't be renegotiating and we will be moving ahead," Ouellette said.

Mayor Dave Bronconnier said it is time to respect the "no" decision voters made.

"They have said that preservation of the reserve in its present state is their priority," said Bronconnier. "I respect that. I also know that Calgarians want us to move forward and deal with the traffic chaos that exists on Glenmore Trail."

Bronconnier said this includes moving forward on the 37 Street and Glenmore interchange that council unanimously voted to explore on Monday.

Tsuu T'ina Nation Chief Sandford Big Plume defended the decision of band members to vote down the province's ring road proposal, saying the wording of the agreement was unsettling to many of the band members.

ter conviction.

Matthew Adrian Boyes, 38, poses a significant risk to the public, said Staff Sgt. Todd Zelensky.

"Mr. Boyes' history of attacks against known as well as persons unknown to him and peace officers," Zelensky said, adding Boyes

assaulted a corrections officer while serving time.

Boyes' most recent sentence stemmed from a 2000 assault that left



Boyes

a Calgarian dead. He was also convicted of manslaughter in 1990 for killing a client while working as a prostitute in Edmonton.

"One of his offences involved an alternative lifestyle, but not all of his offences, only one, so again it comes back to the randomness of his offences, which leads to the risk," Zelensky said.

Boyes was released with conditions and will be monitored by the police's High-Risk Offender Program for a year, after which a longer period of surveillance can be sought.

# Police warn Calgarians of high-risk offender

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**CAUTION** City police are warning Calgarians about a high-risk offender released into the city yesterday after serving a six-year sentence for his second manslaughter conviction.



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**Pair of city men face possession charges**

Two men were charged with possession and possession for the purpose of trafficking after a vehicle two suspects were driving was pulled over for speeding. Cops found three pounds of marijuana in six sealed plastic bags. Alykhan Ahmed and Ruben Fierro, both 30, and of Calgary, face charges. **METRO CALGARY**

# Local



## Breast cancer walk July 25-26

The Weekend to End Breast Cancer hits the city next weekend, July 25-26, and there is still time for Calgarians to make a difference in the 60-kilometre walk. Hundreds will walk to find a cure for cancer and to benefit the Tom Baker Cancer Centre. For more information or to register please visit [endcancer.ca](http://endcancer.ca)

METRO CALGARY

### Calgary in brief

**UNIDENTIFIED** Alberta's chief medical examiner is releasing a series of photos that depict a woman's tattoos, clothing and jewelry in hopes that people will be able to determine the identity of a woman.

**DONATION** The Fraternal Order of Eagles, from its Lew Reed Spinal Cord Injury Fund, presented the Alberta Children's Hospital with a cheque for \$60,000 to support research efforts for new and better ways to treat and cure chronic childhood diseases.

**DRIVER** City cops are looking for the driver who unintentionally caused yesterday morning's wreck along Deerfoot Trail. Police say a vehicle trying to avoid a piece of debris on the road may have caused the accident around 10 a.m. on the Irv Strong Bridge.

**EUTHANIZED** The pit bull cross that was suspected of attacking an elderly man and two young girls on two separate occasions has been euthanized. The dog was euthanized after the owner failed to claim the dog, when it was impounded for more than 10 days.

**MISSING** Police are looking for public assistance in finding a man missing from southwest Calgary since Monday. Paul Thomson, 32, is described as Caucasian, 109 pounds, five feet, seven inches tall with a slim build, brown hair, brown eyes, a goatee and numerous tattoos. He has diminished capacity.

**KING EDDY** On July 23, five of the world's leading architects will unveil their vision for Can-tos Music Foundations' new national music centre at the King Eddy in the East Village. Stay tuned to find out who they are and their designs.

METRO CALGARY

## Garbage: Black, blue all over

City plans to add second bin for completely automated pickup



Soon Calgarians could be seeing a black cart next to their blue one. It is part of Waste and Recycling Services plans to hopefully have automated garbage pickup citywide in 2011.

JOEL MESSNER  
for Metro Calgary

**With Calgary's blue cart system now fully in place the city is now looking at putting a black cart beside it.**

The black cart would hold Calgarians' garbage and allow the city to use automated pickup on both recycling and garbage.

"Picture the trucks we use for blue cart service but instead of a blue cart picture a black one, and instead of it holding recyclables it holds garbage," said Dave Griffiths the director of Waste and Recycling Services.

According to Griffiths the automated system is being brought in mainly for safety.

Ald. Fox-Mellway said Waste and Recycling Services has the highest workman compensation claims

in the entire city, so this should help keep those workers safe.

With the implementation of automated garbage pickup the amount of labour used for garbage pickup should be reduced.

"We were told the amount of work should drop from 181 (employees) to 166 even with the recycling initiative, so I'm hoping after that happens we can lower the eight dollars people are paying," said Ald. Ric McIver.

McIver wants the savings to be passed onto Calgarians but isn't sure if that is going to happen.

"I am hoping this will allow us to lower the eight dollars or something of that nature but they didn't seem to keen on that," said McIver.

"There are absolutely chances here to save us labour costs in the long term," said Griffiths.

### Alberta Green Party to miss out on next election

**POLITICS** The Alberta Green party is no more — for now — after they have been deregistered as a political party, according to the leader.

Leader Joe Anglin is "disappointed" by the news but acknowledges financial returns were not filed as required by Elections Alberta, because of infighting within the party.

"This all started last year and unfortunately a few militant members had not turned over the financial records and it's caused a lot of harm to the party," Anglin said.

As a result, the party cannot run candidates in the next election but Anglin is hopeful the party can restart with a fresh slate.

"It's a dark cloud but maybe there is a silver lining," Anglin said, adding the party has become a non-profit society in order to re-establish.

KRISTA SYLVESTER/METRO CALGARY

metronews.ca

What's online today.

**Video** Some speculate that a lack of information led to uproar over methadone clinic at [metronews.ca/local](http://metronews.ca/local)

**Video** Gene Simmons and Shannon Tweed create a stir on Parliament Hill at [metronews.ca/canada](http://metronews.ca/canada)

**Lotteries**

Lotto 6/49: 3, 5, 16, 26, 40 & 45. Bonus 31. These results are not official.

## Mar hopes phone stickers deter dope deals

Calgary's 30 pay phones left on public property will be getting a new addition, and the city hopes it will deter drug dealers.

New warning stickers will be placed on public pay phones that warn users that the police will be able to access phone numbers, as well as dates and times of phone calls in investigations of illegal activities.

"This is a notice to drug dealers that it is not acceptable (to use pay phones to make drug deals) and that the City of Calgary is working with the Calgary Police Service to mitigate that and control it," said Ald. John Mar.

According to Mar there will also be a curfew placed on pay phones, which will only allow pay phones to dial to 9-1-1 in



Ward 8 Ald. John Mar hopes pay phone stickers will help curb drug deals in the booths.

the inner city from 10 p.m. to 6 a.m.

The city wants to remove the anonymity pay phones provide drug dealers when making drug deals, according to Mar.

Mar knows that the stickers and the new curfews won't stop drug dealers from using pay phones to make drug deals but does think it will deter them.

JOEL MESSNER/  
FOR METRO CALGARY

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**Chinese student in Moncton, N.B., gets tuberculosis**  
A student from China, studying at the Moncton Flight College, is in serious but stable condition in a Moncton, N.B., hospital suffering from tuberculosis, CBC News Online reports. METRO NEWS SERVICES

# Canada/World

## News in brief

**Olympics** Organizers of next year's Winter Olympics in Vancouver are hoping to get thousands of volunteers and staff vaccinated against the influenza A (H1N1) virus, also known as swine flu, a medical official said yesterday. Organizers were already stocking antivirals and vaccine for next year's expected seasonal flu in Canada and are now talking with Canadian and international health authorities about how to respond to the global swine flu pandemic. The 2010 Vancouver Olympics will also involve 25,000 volunteers and 5,000 VANOC staff.

REUTERS

**PRANK** An abduction case has revealed to be a case of misunderstanding, after police canceled their search for a 16-year-old Edmonton boy. The teen was ripped from a bench at a bus stop by two men, and pulled into a van on Tuesday afternoon, police said. Horrified witnesses contacted police. Those involved contacted police after seeing their prank portrayed as an alleged kidnapping on TV.

GRAHAM MCCANN/  
FOR METRO CANADA

## Report berates spy agency

Federal watchdog concludes CSIS should have considered age

**Canada's spy service should have considered Omar Khadr's age and the widespread allegations of abuse before interrogating him in 2003, concludes an investigation by an Ottawa watchdog agency.**

The Security Intelligence Review Committee report also revealed for the first time details from a CSIS post-interrogation report that said Khadr viewed al Qaida "through the eyes of a child" who didn't know about his father's activities as a terrorist financier (according to the UN) because "he was out playing or simply not interested."

Released as Khadr appeared before a military commission in Guantanamo Bay, the report is the latest indictment in

### Khadr's father

- The UN listed Khadr's father as a terrorist financier. Pakistani forces killed Ahmed Said Khadr in October 2003, but one of the reasons CSIS was eager to talk to Khadr was to gather intelligence on his father's whereabouts.

Canada's treatment of the Toronto-born captive.

Khadr was 15 when he was shot and captured in Afghanistan following a firefight with U.S. Special Forces and has now spent more than a third of his life in U.S. custody. He is charged with five war crimes, including murder for the death of U.S. Delta Force soldier Christopher Speer. TORSTAR NEWS SERVICE

## Obama pushes on U.S. health care

**U.S.** Saying it was "time to get this done," U.S. President Barack Obama pressed yesterday for swift congressional action on health care after a Senate panel approved a bill to overhaul the \$2.5 trillion industry.

Panels led by his Democratic Party have stepped up activity on legislation that would meet Obama's goal of guaranteeing all Americans health care coverage, but they remain far from resolving the thorniest issue — how to come up with about

\$1 trillion over 10 years in new taxes or savings to pay for it.

The first of

five congressional panels to act, the Senate health committee approved on a 13-10 vote legislation that would set up a government-run insurance program to compete with private insurers. Obama praised the panel's action, but appealed to Ameri-

cans to get involved, saying at the White House,

"It's time for us to buck up Congress, this administration, the entire federal government, to be clear that we've got to get this done."

The Senate bill would require most Americans to obtain health insurance and require employers of more than 25 workers to provide coverage or face a \$750 per worker penalty. Insurers could no longer bar people with pre-existing conditions.

REUTERS



Obama



A man stands at the site where a Tupolev Tu-154 passenger plane crashed in Iran yesterday.

## Service Canada Centre for Youth Centre Service Canada pour jeunes

The Service Canada Centre for Youth in Calgary invites you to its Volunteer Fair.

**When:** Thursday, July 16, 2009  
5:30 p.m. to 7:30 p.m.

**Where:** Kahanoff Centre  
1202 Centre St. SE, Suite 201  
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**Who:** Youth between the ages of 15 and 30.

**Why:** Come check out all the volunteer opportunities in Calgary and get information on Government of Canada youth programs and services.

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## 168 killed in plane crash

**IRAN** A Tupolev aircraft crashed in Iran yesterday on its way to Armenia after catching fire in mid-air and plowing into farmland, killing all 168 people on board just 16 minutes after takeoff.

In the worst crash in Iran for six years, the Russian-built Caspian Airlines plane left only scattered bits of incinerated metal and fragments of the bodies of 153 passengers and 15 crew across a wide area around a deep smoking crater in the ground.

Eight members of Iran's national junior judo team and two coaches were among the dead as well as a former Iranian MP representing Iran's Armenian minority and, reportedly, the wife of the head of Geor-

gia's diplomatic mission in Iran.

"I saw a finger of a passenger on the ground. There is no sign of the airplane, just small pieces of metal," said a witness. "I do not see even a complete leg or arm."

A local official said the aircraft had technical problems and tried to make an emergency landing. "Unfortunately the plane caught fire in the air and it crashed," he told the FARS news agency.

Air safety experts have said Iran has a poor record, with a string of crashes in the past few decades — many involving older Russian-made aircraft.

It was the third deadly crash of a Tupolev Tu-154 in Iran since 2002.

REUTERS

## Activist found murdered

**RUSSIA** A prominent human rights activist was found dead after being kidnapped in Russia's troubled republic of Chechnya yesterday, provoking outrage from Russian President Dmitry Medvedev.

Natalia Estemirova worked for a human rights organization and docu-

mented abuses by law enforcement agencies.

Well known to diplomats and human rights activists in Russia, Estemirova was the inaugural recipient in 2007 of the Anna Politkovskaya Award, given by the charity Reach All Women in War.

REUTERS

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# Comment & Views

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**Comment**

## Success is all in the approach ... or not

**Relating**
**Sofi Papamarko**

**A** man walks into a bar. He spots a seated brunette that he'd very much like to get to know. He approaches, says something witty, offers to buy her a drink. Looking bored, she declines. She's waiting for some friends.



metronews.ca/papamarko

Thanks for the offer, though.

"Shot down!" he thinks. "Women in this city are so cold."

It's been long believed that women are pickier than men when selecting sexual partners. This makes perfect sense from a biological standpoint: women have more at stake. When it comes to reproduction, females invest nine months, plus 18 or so years of child rearing. Men invest approximately nine minutes. That women are more discerning than men about their choice of mate seems logical.

But a new study published in Psychological Science puts this idea through the ringer.

In their study on romantic selectivity, Eli J. Finkel and Paul Eastwick put a fascinating spin on the activity of speed dating. Generally, women are seated during speed-dating events while men rotate around the room, a trend that likely stems from the social construct that men typically initiate approach. Finkel and Eastwick experimented by also having the women rotate while the men remain seated. At the end of

**On the web**

- For more views on relating, go to Love Bytes at metronews.ca/blogs

the sessions, they had the participants indicate their levels of interest in the people they "dated." The results were surprising. No matter the gender, the Rotators demonstrated a higher interest in the people they approached than the Sitters demonstrated in the people who approached them.

Wait, what?

"It's true that we approach people when we're

interested in them," Finkel told Metro via email. "A more subtle effect is that the mere act of approaching people makes us interested in them. Our bodies influence our mind in mysterious ways, and one of them is this effect of physically approaching on romantic attraction ... perhaps women tend to be choosier than men because they (women) are much less likely to engage in physical pursuit — for example, by approaching a man in a bar."

Approaching someone increases adrenaline, confidence and triggers a host of other physiological and psychological reactions the person being approached does not share.

Don't let this study deter you from chatting up the dreamy dreamboat of your dreams, however. As The Great One once said: "You miss 100 per cent of the shots you don't take." But maybe the next time you're interested in someone, you can beckon them over, seated comfortably at your table all the while.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

**Views**

## First Nations and economic independence


**Chief Clarence Louie**

The importance of economic independence for First Nations starts with a basic proposition: Individual band members must be provided an opportunity to provide for their families through self generated income, not be forever dependent on under-funded federal grant programs.

What good will it be if a First Nation receives wealth from oil and gas money, casino money or government transfer payments, or a one-time multimillion-dollar land claim settlement if a majority of their people remain on welfare?

A band does not owe its

membership dependency on welfare programs but rather it owes them an opportunity to become economically independent through employment and business development.

The success of a First Nation community within the Canadian economic framework cannot be attained until there are equal chances for First Nations to be educated and provided with an opportunity to put their training to work. Nothing rips a nation state apart more and causes dependency than an unemployed population. The idleness of unemployment is a major sickness in most First Nation communities.

An employment economy creates a healthier population than handouts. Many native youth are being slowly destroyed by the absence of

**Focus On First Nations**

real employment opportunities. Offering youth a welfare cheque leads to a sense of hopelessness and a lazy attitude.

When an individual gains economic independence, just as when a First Nation gains economic independence, then good health in a holistic lifestyle becomes possible.

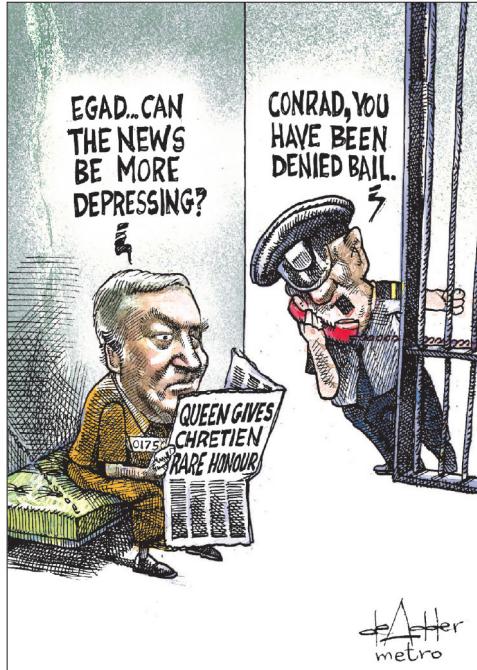
The Assembly of First Nations is one of many venues in which we must present a united front to Canadians and the Canadian government to organize economic opportunities for First Nations. The AFN's role should not be to "complain" about our situation, but to "proclaim" our intention to develop our resources, seek out

joint ventures and strengthen our economy so we can manage our own future and reclaim our inherent right as First Nations to fully participate in the economic development of our traditional territories.

I have said it many times, "There is no dignity in a welfare line" and the best social program is a decent self-supporting job.

We ask business leaders and entrepreneurs, corporate Canada and their bankers to work with us to ensure that a decade from now self generated income for First Nations in Canada has outpaced the welfare dollars sadly provided to First Nations.

Chief Clarence Louie heads B.C.'s Osoyoos Indian Band, where he initiated development of nine businesses on band lands.



Tell us your views by email to [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Amazon.com Inc. has been sued by a user of its Kindle electronic reader who claims the device's cover, which is designed by Apple and sold separately, can break the screen and make the device inoperable. **REUTERS**

# Business

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## Business in brief

**GAMING** Large game publishers are going head-to-head with smaller developers who found early success offering cheap or free games via iPhone. Apple's App Store is crowded with 3,000 games — many from tiny developers — and gaining the attention of consumers is a challenge, one better handled by publishers with marketing budgets.

**FORECAST** The world's richest economies will grow again before year-end as the choke-hold of the worst recession in generations gradually eases, but surveys of more than 150 analysts show doubts about the recovery's strength.

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## BMO revamps card portfolio

**Bank of Montreal is revamping its credit card portfolio, eliminating some cards while boosting rewards and discounts on others, as it tries to snag a bigger slice of Canada's growing card market.**

Toronto-based BMO, a MasterCard issuer, aims to poach market share from American Express in the competitive "no-fee" card category and from CIBC in the cutthroat travel card segment.

Nancy Marescotti, director of brand marketing and card management, said yesterday that BMO wants to move its cards to the "top-in-wallet spot." Its strategy to capture more market share, however, comes when rivals have chosen to

curb card lending because of rising losses.

CIBC, which holds Canada's largest credit card portfolio, hit the brakes on growth during the second half of fiscal 2008. Canadian Tire lowered limits for inactive cardholders, while TD Canada Trust cracked down on late payers. Amex Bank of Canada, meanwhile, raised rates on some American Express cards.

Earlier this year, BMO boosted collections staff and began to proactively identify "high-risk" accounts. The bank is now taking a longer-term view of growth in its bread-and-butter retail bank. Enhancing its cards is part of that larger strategy.

TORSTAR NEWS SERVICE

Dollar soars to one-month high, nears 90 US cents

**CURRENCY** The dollar vaulted to its highest level against the U.S. dollar in more than a month yesterday, helped by hopes for a global economic recovery and equity-market rally that fuelled risk appetite.

Late in yesterday's session the dollar rose as high as \$1.1117 to the U.S. dollar, or 89.74 U.S. cents. That marked its highest level since June 12 and lifted it further above last week's seven-week low.

The dollar closed at \$1.1143 to the U.S. dollar, or 89.74 U.S. cents, well up from \$1.1360 to the U.S. dollar, or 88.03 U.S. cents, on Tuesday.

Helping to buoy the dollar was optimism about a global recovery after the U.S. Federal Reserve said the U.S. recession was ending.

REUTERS

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**Isles reach deal with Tavares**

The foundation of the New York Islanders' rebuilding project has been put into place as the team signed centre John Tavares to a three-year, entry-level contract yesterday. **METRO NEWS SERVICES**

# Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## Flames host Canucks on NHL opening night

**The National Hockey League announced the 2009-10 regular-season schedule yesterday, and the retirement of Joe Sakic's No. 19 by the Colorado Avalanche highlights the opening night festivities on Oct. 1.**

Sakic, who announced his retirement last week after a stellar 20-year career with the same organization, will have his number raised to the Pepsi Center rafters before Colorado battles San Jose, one of four scheduled games as the league drops the puck on the new campaign.

Four Canadian teams will also be playing on opening day.

The Toronto Maple Leafs will host the Montreal Canadiens, while the Vancouver Canucks will take on the Flames in Calgary.

The scene then shifts to Europe with four teams participating in the NHL Première event in Sweden and Finland on Oct. 2-3. In back-to-back games, the Detroit Red Wings and St. Louis Blues will clash in Stockholm, while the Chicago Blackhawks and Florida Panthers will meet in Helsinki to open play.

Back stateside on Oct. 2, the Pittsburgh Penguins begin defence of the Stanley

Cup against the New York Rangers and unfurl their championship banner.

One of the most anticipated events of the regular season is the NHL's third Winter Classic. On New Year's

Day, the famed Green Monster will provide the backdrop as the Bruins host the Philadelphia Flyers at Boston's Fenway Park.

The league takes a respite six weeks later while the players suit up for their respective countries at the Olympics in Vancouver. The NHL season resumes March 1 and concludes on April 11. **METRO NEWS SERVICES**



### Tour de France Sprint to the line



A pack of riders, including AG2R-La Mondiale rider and leader's yellow jersey Rinaldo Nocentini of Italy, left, cycles through a town during the eleventh stage of the Tour de France yesterday. Astana teammates Alberto Contador and Lance Armstrong remain in second and third, respectively.

### Sports in brief

**BASEBALL** The World Series champion Philadelphia Phillies made it official yesterday and signed veteran pitcher Pedro Martinez. Terms of the deal were not disclosed, but various reports indicated it to be a one-year deal worth about \$1 million plus another \$1.5 million in incentives.

**FOOTBALL** The Montreal Canadiens have re-signed forward Guillaume Latendresse to a one-year contract. Terms of the deal were not disclosed. Latendresse scored 14 goals and added 12 assists for 26 points in 56 games last season.

**FOOTBALL** The Baltimore Ravens and linebacker Terrell Suggs agreed to a six-year contract yesterday. Financial terms were not disclosed, but the Baltimore Sun is reporting the deal to be worth \$63 million, with Suggs expected to receive \$33 million in option and signing bonuses.

**FOOTBALL** The San Francisco 49ers unveiled details of their proposed \$937-million-US stadium south of San Francisco that would seat 68,500 and include solar panels and a green roof, as the team moves forward with plans to relocate to Santa Clara. **METRO NEWS SERVICES**

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Here's another item from Chairsource's Modern Noir line of furnishings. Chairsource offers residential, contract and commercial options for its wide array of furniture. See chairsource.ca for more. METRO NEWS SERVICES

Chairsource's take on noir

# Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA



## A source for chairs

Featuring some of the most exciting and eclectic collections of furniture available, the new line from Chairsource, near Toronto, offers even more cutting edge selection, such as this item from their Modern Noir line. See chairsource.ca for more.

# Bring outside into your home

## HomeScape



**Sylvia  
Putz**

metronews.ca/homescape

Summer is finally, gloriously, upon us, so now is the time to luxuriate in its lazy, casual vibe.

Whether you only have a little free time or are lucky to have more, enjoy our ever-so-fleeting summer time. Walk around barefoot, put on your skimpiest clothing, barbecue to your heart's content, and dine or linger outdoors.

To maximize your enjoyment of the season, you'll want to blur the line between outdoors and indoors. You'll want to push normal "inside" activities

outdoors with things like the traditional screened porch, and dining on the patio. But you'll also want to bring that luscious summer light indoors.

For me, summer with its relaxed emphasis on enjoying the season, and the lack of any sense of formality and fussiness, is a state of mind to be envied and sought after. One way to try to create that air of relaxation and easy living inside is to create an atmosphere that emphasizes comfort and informality inside the house.

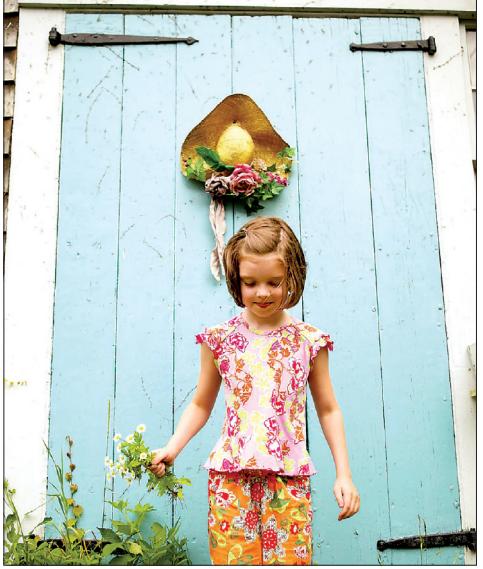
Some people call bringing this feeling into the home the "cottage" look, but you can certainly create this look and feel, and keep it as a year-round style of decor, with a few accent changes to relate to the time of year. With cottage style, there's a lot of latitude out.

Cottage style can take any number of themes, but whichever theme you opt for, there are some basics.

The "cottage" look is above all, airy and light, casual and easy. It means you are bringing the relaxed feel of the summertime inside, and keeping it there throughout the year. It involves light colours, airy spaces that allow light and air to flow, and fabric finishes usually in toile, chintz, floral or plain fabric. Slipcovers work well, rather than anything dark or leathery. Furniture is usually not brand-new and shiny, but often looks weathered or is often painted over in light colours. Floors are usually natural wood, with rugs or stenciled accents.

The look is often thought to be a mix of "country" and "rustic", but can be other things too. In any case, anything formal or fussy is definitely out.

At its heart, cottage style relates to how you enjoy your summer, and where you live or spend your summers. For some of us, it is the sea or a large lake, with



The "cottage" look is a good way to bring the summertime outside into your homescape.

its blues and moody greys that best represent summer. Finds from the shore, such as shells and driftwood, lobster trap pieces, and polished stones or glass can look wonderful as accents. As the seasons

change, you may substitute more seasonal accents, but the colours and themes remain.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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**Budget shortfall**

Only 29 per cent of women say they budget or estimate how much a weekday dinner will cost, and a staggering 10 per cent of women flat out refuse to eat leftovers, according to a new poll from ShopSmart magazine, from the publisher of Consumer Reports. **METRO NEWS SERVICES**

# Food

**Mike's Hard Pink Lemonade has partnered with Canadian Breast Cancer Network (CBCN), to raise funds in support of its important work.**

METRO NEWS SERVICES

**Cheers!**

Twenty-five per cent of the profit from the sales of Mike's Hard Pink Lemonade will go to the CBCN.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

## Apple sauce and a butter cake

**Pork Fillet with Apple Mustard Sauce**

SERVES 4

**INGREDIENTS:**

- 3/4 cup (175 ml) chicken stock
- 1 1/3 lb (600 g) pork fillet
- 2 small dessert apples
- 4 scallions
- 2 tbsp (25 ml) olive oil
- 1 tbsp (15 ml) all-purpose flour
- 1 sprig of fresh thyme
- 3 tbsp (45 ml) wholegrain mustard
- Salt and black pepper
- 5 tbsp (75 ml) heavy cream
- 2 tbsp (25 ml) Calvados or brandy
- Garnish:**
- 4 sprigs of thyme

**METHOD:**

Put chicken stock on to warm through. Trim off fat and tissue from pork fillet, then cut into 1/2 in. (1 cm) slices.

Rinse, quarter, core and slice apples, and rinse, trim and chop scallions. Set aside.

Heat oil in large frying pan, add pork fillet slices and fry over high heat 1 minute per side or until meat is very lightly browned.

Stir flour into pan and cook 2 minutes, stirring. Then add onions and stock and bring to boil, still stirring.

Rinse and dry 1 sprig of thyme, then strip leaves and add to pan with apples and mustard, salt and pepper. Continue cooking over moderate heat 4 minutes, or until pork is cooked through.

Stir cream into sauce,



Pork Fillet with Apple Mustard Sauce.

then simmer gently 2 minutes. Pour in Calvados or brandy, increase heat slightly and cook gently 2 minutes, then transfer onto four individual plates to serve, and garnish each with sprig of thyme.



Welsh Hot Butter Cake.

**Welsh Hot Butter Cake**

SERVES 8

**INGREDIENTS:**

- 1/4 lb (125 g) salted butter, at room temperature
- 1/3 cup (75 ml) sugar
- 3 large eggs

Read more on page 10

**Global Peasant:**

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant to read Diane's recipe for raw sushi.

**Liquid Assets:**

- Peter Rockwell delves into Italy: "Italian grapes and geography have become synonymous with wine culture." To read this week's column, visit metronews.ca/liquidassets



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Women who do at least half their household's grocery shopping report they spend, on average, \$115 per week on groceries, only a dollar less than the average in November 2007, according to a new poll from ShopSmart magazine. METRO NEWS SERVICES

INSPIRED; VERY GOOD; PALATABLE; HO-HUM; NEVER AGAIN

>> Continued from page 9

**METHOD:**

Preheat oven to 375 F (190 C). Grease 8 in. (20 cm) round non-stick cake pan with a little of the butter and line base with baking paper.

Using an electric whisk,

cream remaining butter and sugar in bowl, until light and fluffy. Beat in eggs, one at time, then fold in flour. Add raisins and milk and mix. Spread mixture in pan. Bake cake in centre of oven 15–20 minutes, until it is well risen, firm and golden.

For spiced butter top-

ping, put butter into mixing bowl with brown sugar and cinnamon and mash together.

When cake is done, remove from oven and spread butter over top. Leave to stand until butter has soaked in, then remove from tin, cut into wedges and serve.

# The Perk delightful

LunchRush

**Carla Ciccone**

[metronews.ca/lunchrush](http://metronews.ca/lunchrush)



CARLA CICCONE/FOR METRO CALGARY

Chicken Pot Pie, \$6.95.

has become the go-to coffee shop of the Mission area.

It has the look of an ice-cream shop from days gone by, with a beautifully curved front counter, dark woods on the counter's façade and on the ceiling, and beautifully tiled floors. The retro vibe of the place is perfectly matched by modern day niceties like free wireless internet, which many patrons take full advantage of with laptops in tow when they get there.

Known as "the Perk" to loyalists, The Purple Perk

result is a busy lunch rush. Being a fan of their coffee, teas and sweets, I was eager to try out their lunch fare.

The Chicken Pot Pie (\$6.95) that I ordered was heated to perfection and its ingredient combination tasted just right. It also came with a side of their crispy homemade chips, which many dishes do. The food is made onsite and can be taken out to eat at home or in the office, or heated up to enjoy in the cafe.

I'd highly recommend the Purple Perk as a great place to lunch, dine, snack, and of course, to have coffee. The prices are reasonable, the staff is friendly, the food is tasty, and the atmosphere delightful. Try it, you'll see!



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**Ordered:** 12:30 p.m.

**Food arrived:** 12:40 p.m.

**Time out:** 1:00 p.m.

**Total time:** 40 minutes

**Low \$:** Chocolate Chip

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# Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Is it too early to shop for fall?

What to wear now, what to save for later

KENYA HUNT  
Metro World News

**Stores are already receiving fall shipments, and while it feels ridiculous to think about your autumn wardrobe now, here are a few reasons to try:**

- It gets old staring at all the picked-over dregs from the summer collections lately.

**KEY**

ing around in the shops.

- You can start wearing about half of the major trends now.
- The more you shop, the more you help the economy.
- The fall trends are the most accessible they've been in ages. That means solid, wearable clothes you can rock in the office rather than too-trendy items that only make sense on the runway.

Here are a few of fall's dominant trends and how you can approach them.



### 1 The bold shoulder

It's safe to say that the sharp, shoulder-padded Balmain jacket, and its legions of knockoffs, will rule fall — just the way it did summer. Just be mindful of the jacket's shape before you buy it. If ill-fitting, shoulder pads can easily veer into bad 1990s territory. Pair it with a pair of men's trousers for day or ripped jeans and studded boots for night.



### 2 Power dressing

From Donna Karan's career-woman separates to Lanvin's sophisticated suits, fall has plenty to offer women for the office, whether the priority is nailing a job interview or scoring that promotion. Transition a sharp suit into your wardrobe now.

Lanvin

### 3 Thigh-high boots

Rodarte and Nicholas Kirkwood kicked the trend off during New York Fashion Week with a series of show-stealing, bandaged, thigh-high boots. Afterwards, the sexy shoes popped up everywhere — Stella McCartney, Gucci, Louis Vuitton, Isabel Marant, you name it. The appeal of the thigh-high boot is that it's universally sexy. The down side is that it's super trendy. The big question: Will women want to spend so much money on a shoe that may feel tired in a year?



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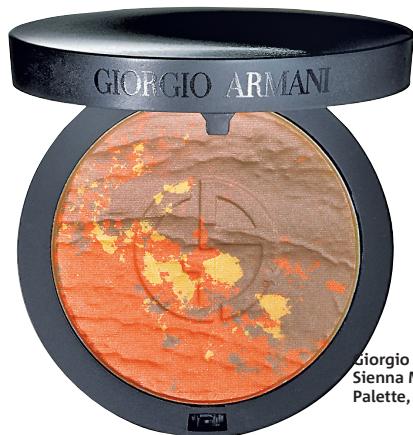
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# When to wear what

Experts provide answers to common but pressing style quandaries

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Who are you wearing? What's the latest trend? Where am I wearing this? Relevant questions, certainly. But of all the dilemmas facing the modern-day fashion consumer, it's the "when's" that turn usually confident, self-assured people into self-conscious ditherers.

**1. When should I adopt a trend?** "Before the curve. If you see it on any-

one from The Hills or Britney Spears or featured in InStyle or any of those

coloured organic cotton in natural and unbleached fabrics. White will become the new black." — Barbara Atkin, vice-president of fashion direction, Holt Renfrew.

**3. At what age should a woman cut her hair short?**

"It depends on the individual, the type of hair, whether it changes with age, her career and lifestyle. The length of hair is not dictated by age. That's so old school." — Ivan Gibbski, hairstylist and director of Flaunt Boutique

tabloids, forget it. It's so done. Unless of course, it's on Rihanna or Gwen Stefani, who are always ahead of the pack." — Georgia Groom, wardrobe stylist.

**2. When is it too late (or too early) to wear white? Do Labour Day rules apply?**

"That rule is meant to be broken. Chanel made the white tweed suit a perennial year-round. Also just look at the white shirt or ski wear: white today is seasonless."

"White has also entered the new world of social consciousness and sustainability — non-

**4. When should a man buy his first good suit?** "Men shouldn't wait until there's an occasion like a wedding or a prom. They should have one in their closet. The day they decide they want to make a good impression is the day they should buy a good suit." — Melissa Austria, owner of Got-style menswear boutique.

**5. When is a girl old enough to wear makeup?**

"Whenever she is comfortable and expresses an interest. My daughter and her friends in high school experiment mostly with a little lipgloss, eyeliner and concealer when they get breakouts." — Susie Sheffman, fashion director of Fashion magazine.

**6. When should a woman stop wearing open-toed shoes?**

"We as Canadians try to drag summer out, but by the end of September, it's time to get into boots." — Stuart Rice, marketing director, Browns.

TORSTAR NEWS SERVICE

**50 Cent squares off against Jay-Z**

Rapper 50 Cent is preparing to go head-to-head with Jay-Z. He's reportedly releasing his new album on the same day as the hip-hop heavyweight — Sept. 11. 50 Cent did the same thing with Kanye West in 2007. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment



## Moving on

According to *In Touch Weekly*, Jon & Kate Plus 8 star Jon Gosselin has proposed to Hailey Glassman, just weeks after his estranged wife Kate filed for divorce. [POPEATER.COM](http://POPEATER.COM)

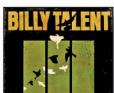
EDITOR: DEAN.LISK@METRONEWS.CA

\*\*\*\*\* A CLASSIC; \*\*\*\*\* EXCELLENT; \*\*\* GOOD; \*\* FAIR; \* POOR

# Billy Talent takes major step

### Billy Talent

**Album:** Billy Talent III  
**Label:** Warner  
**Rating:** \*\*\*\*



**WHETHER THEY DESERVE IT** or not, the dreaded pop-punk tag has been following Billy Talent around for years. It's been a tough label to shake, but on their third release they've finally done it. The new record is a major step forward for the band, who've traded their catchy, sometimes juvenile pop, for massive Sabbath-like riffs. The first half of the disc is filled with meaty songs and intricate harmonies, showing a growing band. They fall into some old habits on the second half, but let's hope this louder, more metal (but still poppy) Billy Talent is here to stay.

Bryan Borzykowski/for Metro Canada

### The Dead Weather

**Album:** Horehound  
**Label:** Warner  
**Rating:** \*\*\*½



**ANY ACT WITH** the gifted Jack White could be considered a supergroup, but the Dead Weather, which includes the Kills' Alison Mossback and guys from Queens of the Stone Age and The Raconteurs, really is one. The band's debut is a gothic-blues rock assault, with big riffs, creepy piano and weird guitar sounds making up the bulk of the music. Mossback tackles most of the vocals, though the best moments are when her and White — who's on drums — sing together. While it's not as good as the musicians' other projects, it's still a fun and intriguing listen.

Bryan Borzykowski/for Metro Canada

### Kenya's Style

### Kenya Hunt

Read the blog at [metronews.ca/kenyasstyle](http://metronews.ca/kenyasstyle)

### Music Reviews

music@metronews.ca

### God Made Me Funky

**Album:** Welcome to Nu Funktonia **Label:** New Empire **Rating:** \*\*\*½

**THIS COULD EASILY** have been just a very fine retro-soul-funk album by a remarkable eight-piece band that's been electrifying Toronto-area dance floors for more than a decade. Instead we get a delightful merger of old-school hand-clapping funkadelic with contemporary electronic beats. It's funk through the ages, a regular funkology. There's



Billy Talent III is a major step forward for the Toronto-based rock band, who've traded their catchy, sometimes juvenile pop, for massive Sabbath-like riffs. The album is now available in stores.

guest spots by Seven Day Lover singer Jully Black and Swollen Member Moko Only, as well as a collaboration with all three members of

'70s suburban rockers Triumph. Yes, brothers and sisters, we've all been given the gift of funk. Everything else is merely a question of

self-repression. C'mon, Get down, Get out. Huh.Huh.Huh. This is a party you don't want to miss.

Graham Rockingham/for Metro Canada

### Daughtry

**Album:** Leave This Town  
**Label:** RCA/Sony Music  
**Rating:** \*\*\*½



**IT'S ONLY CHRIS** Daughtry's second album and he's already settled into a corporate template that's interchangeable with his own debut and the last three Nickelback CDs. The label even hooked him up with Chad Kroeger for two tracks, including the uber-earnest rock ballad No Surprise. It's not polite to hit on a guy for making a record that's sure to appeal to fans, but the sameness of it all becomes irritating before the end of the third track.

Graham Rockingham/for Metro Canada

### critics' corner

#### 30 Rock

Pete (Scott Adsit) forgets Valentine's Day as the cast, stricken by some iffy sushi, pulls an all-nighter to put together a new show. Romance starts to blossom between Kenneth and Cerie (Jack McBrayer, Katrina Bowden). Liz (Tina Fey) is curious when she receives flowers from a secret admirer. Jack (Alec Baldwin) wants to celebrate his newly divorced status with Tracy (Tracy Morgan) in "Up All Night." 9 PM on KHQ



#### Doc Zone

The jet plane has changed the way we eat — and we're not talking about airline meals. The two-part documentary "The Great Food Revolution" looks at how Westerners' relationship with edibles has changed. The growth of air travel has exposed us to exotic foods from around the globe, while our busier lifestyles have created a demand for food we don't cook. Part 2 looks at the battle between "big food" and the "buy local" activists for space on our plates. 8 PM on CBRT

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
	267	351	- ACCESS	Alberta Primetime (Live)	Greek "Mr. Purr-fect"	JK Rowling	Private Practice	Primetime			
	243	317	3 CFBN	etalk	Hollywood	The Listener "Ins" (N)	So You Think You Can Dance	News (N)			
	-	4 OMNI	Two/Half Men	The Simpsons	News	CSI: Crime Scene Invstgtn.	The Simpsons King	Metroplex			
	-	371	5 KXLY	4 News at 6	4 News at 6:30	The Insider (N)	JK Rowling	Grey's Anatomy	Practice		
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	Doc Zone (HDTV)	Doc Zone (HDTV)	CBC News: The National	The Hour		
	244	338	7 CICT	ET Canada	Entertainment	House	Big Brother 11	The Office	News Hour		
	246	-	8 CKAL	Law & Order: SVU	Law & Order: UK	30 Rock	Less-Kind	According-Jim	30 Rock	Your City	
	119	705	9 CBCFT	Des squelettes	Gars file	Bons baisers de France (SC)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	TJ Alberta		
	-	-	10 Shaw	(6) Local Programming			Local Programming				
	372	12 KREM		News (N)	Hollywood	The Doctors	Big Brother 11	CSI: Crime Scene Invstgtn.	The Mentalist		
	374	14 KSPS		NewsHour With Jim Lehrer	Paris "Blood & Chocolate"	Midsomer Murders	MI-5 "The Sleeper"	Soundstage (N)			
	502	390	17 CBC	CBC News: The National	The Nature of Things	CBC News: The National	CBC News: The National	Nature-Things			
	-	370	16 KHQ	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	30 Rock	The Office	The Listener	
	-	372	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV PA)	So You Think You Can Dance	News (N)	
	297	652	37 WPIX	Supernatural (HDTV)	PIX News at Ten Tong.	Two/Half Men	Friends	Sex and-City	According-Jim	Frasier	
	500	509	29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)			Larry King Live	Cooper 360		
	500	502	31 CNNE2	Jane Velez-Mitchell	Nancy Grace	Showbiz Tonight		Jane Velez-Mitchell	Nancy Grace		
	400	401	21 TSN	CFL Football BC Lions at Edmonton Eskimos. (HDTV) (Live)				SportsCentre	Score Goff Television Special		
	408	418	27 net	MMA Conn	Week-Ball	MLB Baseball Houston Astros at Los Angeles Dodgers. From Dodger Stadium in Los Angeles.			SportsNet Con.		
	410	403	30 SCORE	World Cup of Poker	Score Tonight	Final Score	Final Score	Final Score	Final Score	Final Score	
	411	457	44 OLN	(6) Cycling Tour de France - Stage 12.	Score Tonight	Cycling Tour de France - Stage 12. From Tonnerre to Vittel.					
	417	406	48 SPEED	Jacked! (N)	Jacked! (N)	Wrecked (N)	Wrecked	Pimp My Ride	Pass Time	Punks - All Out (HDTV)	Jacked!
	552	543	20 YTV	iCarly	True Jackson	Familiz	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life	Falcon Beach
	557	541	39 TVM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek Ned's School
	555	545	67 TOON	Ben 10	Jimmy Test	Total Drama	6TEEN	6TEEN	Futurama	The Invincible Iron Man (2007)	
	575	583	11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Tuckerville	The Wilkinsons	Home Improve.	Reba
	553	546	17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan Go, Diego, Go!
	-	-	18 CHTV	The Insider (N)	E! News	True Hollywood Story	How I Met 'Til Death	The Beast			News (N)
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two					
	606	568	23 W	Style by Jury	Style by Jury	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
	521	560	24 TLC	LA Ink "Kat's Back"	LA Ink (HDTV) (N)		LA Ink "Kat's Back"				
	603	561	25 FOOD	Jamie's Kitchen	Ace of Cakes	Ace of Cakes	Boys Weekend	The Wild Chef	Unwrapped	Unwrapped	Jamie's Kitchen
	615	520	26 A&E	The First 48 "Last Wish"	Crime 360 (HDTV) (N)		Crime 360 "Run & Gun"		The First 48 (HDTV)	The First 48	
	617	522	32 SHOW	Trailer Park	The Outer Limits		Love-Death	Love-Death	Lethal Obsession (2007, Suspense)		
	601	562	33 SLICE	Last 10	10 Last	Bulging Brides	Bulging Brides	ET Canada	Til Dept-Part	Real Housewives OC	Trading Sp
	-	633	34 ENCA	A Time to Kill	Nothing to Lose *	(1994, Action)		28 Days ***	(2000, Comedy-Drama)		(10:45) Two Weeks Notice
	520	505	35 DISC	In the Shadow of the Moon	MythBusters	Daily Planet		In the Shadow of the Moon			
	620	523	36 BRAVO	Willy Wonderful ***	(2004, Comedy-Drama), Paul Gross	Law & Order		Without a Trace			
	294	560	40 WPCH	Friends	Patriot Games ***	(1992, Suspense)	Harrison Ford, Anne Archer.		Seinfeld	Kicking	
	626	547	41 COM	Laughs	Comedy Now	Air Force	22 Minutes	Corner Gas	The Simpsons	South Park	Comedy Now
	-	539	42 TCM	(6) Stanley and Livingstone	Beau Geste ***	(1939, Adventure)	Gary Cooper.		Golden Boy ***	(1939, Drama)	
	628	584	43 SPIKE	TNA IMPACT! (HDTV)			Jesse James is a Dead Man	MANswers	GameTrailers	MANswers	
	522	516	45 HIST	Lost Invention	NCIS		Ancient Discoveries	Lost Inventions	NCIS		
	627	528	46 SPACE	Descendant	(2003, Suspense)	Jeremy London, Katherine Heigl.	Stargate SG-1 (DVS)	Star Trek: Next Gener.	Trek: Voyager	The Fly II	
	-	47 AMC	(6) Ghostbusters ***	(1984, Comedy)				Judging Amy			
	619	525	49 TROP	North of 60 "Limbo"	Traders		Inside Hollywood	Seinfeld	Raymond	Family Guy	
	600	564	50 HGTV	Disaster DIY	Big Amazing	House Hunters	Holmes on Homes	Disaster DIY	Big Amazing	Handyman	
	501	591	51 CTV	CTV News Tonight	News	CTV News	News	CTV News	News		
	508	508	50 BNN	Squeeze Play	Market Call	Headline	Market Call	Commodities	Business News	Squeeze Play	
	526	507	52 VIVA	The Closer (Part 2 of 2)	Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy	Most Haunted	
	269	350	93 APTN	Warriors: TKO	By the Rapids	renegadepress	Bear Walker *	(2000, Drama) Renae Morneau.		Tears	
	-	94 MCP	(6:30) News	Wapost Bay	Banquet	Kingdom-Wind	Vancouver	Bahadur-Zafar	Dheewa Ghar	Sadabahar	Rang Bangri
	571	581	100 MMM	I'm a Celebrity, Get Me Out.	Entourage	Gene Simmons	The Daily Fix	I'm a Celebrity, Get Me Out.	Entourage		
	570	580	101 MM	Paris Hilton's My New BFF	Video on Trial	Born to Be	One Tree Hill	Paris Hilton's My New BFF	Technical Diff.		
	581	566	102 MTV	Canada's Next Top Model	Canada's Next Top Model	MTV Live	After	The Real World			Canada-Model

cable variety

cable variety



Redford weds artist

Robert Redford married artist Sibylle Szaggars on Saturday evening at the luxury Louis C. Jacob Hotel in Hamburg, Germany, in front of 30 family and friends, it has been confirmed by people.com. METRO NEWS SERVICES

## Celebrity Buzz

**'We raided Neverland'****O BROTHER! WHERE ART THOU?**

Despite Michael Jackson's reported orders that his family not be permitted inside the gates of Neverland for fear they would observe him abusing prescription drugs, older brother Tito Jackson claims that his siblings once staged a raid in an attempted intervention, people.com reports.

"I never saw (Michael) on drugs. Not once. He deliberately did it away from us. He didn't want his family to know anything about that part of him. He did all-

most everything in his power to make sure we didn't know," Jackson, 55, tells Britain's Daily Mirror in a lengthy interview Wednesday.

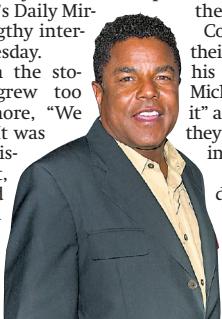
But when the stories just grew too loud to ignore, "We had to act. It was me, my sisters Janet, Debbie and La Toya and my brothers, Jackie and Randy," says Jackson.

says Jackson — adding that they all barged in and "surprised" Michael, "to say the least."

Confronted with their questions about his doing drugs, Michael "kept denying it" and told his siblings they were "overreacting," says Jackson.

Michael's recent death is currently being treated as a "homicide," according to TMZ.com.

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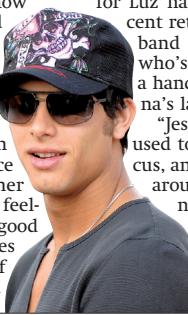
**Jesus getting boy-toy message****JUST LUST FOR LUZ**

Madonna's 22-year-old Brazilian boy-toy, Jesus Luz, may be ready to walk now that he's realized the singer will never take him seriously, sources say.

"He's pretty and she can boss him around," a source tells Gatecrasher about Madonna's feelings for Luz. "He's good in bed. And he takes really good care of her kids. But as a

life partner? No. He's child's play."

Making matters worse for Luz has been the recent return of ex-husband Guy Ritchie who's been lending a hand since Madonna's latest adoption. "Jesus has gotten used to being her focus, and when Guy is around, that doesn't happen," the source explains.

METRO  
WORLD NEWS**Fox hunting for another house**

**SINGLE AGAIN?** Megan Fox spent the weekend checking out homes in Hollywood Hills with a real estate agent, according to the Daily Mail. Since she currently shares a home with on-again, off-again boyfriend Brian Austin Green, does this suggest that the couple is once again off? "I'm currently what you would call single, I guess," Fox said recently.



METRO WORLD NEWS

**Did Jess get dumped over Mayer?****VEXED BY THE EX**

It looks like a famous ex may be what finally came between Jessica Simpson and Tony Romo. Sources tell Radar Online that Simpson was keeping in touch with John Mayer, whom she dated in



2006, and Romo wasn't thrilled when he found out about it.

"They were hanging out and that was it."

METRO WORLD NEWS

he picked up her phone and she got defensive about it. Tony found messages from John and went ballistic," a source says. "Tony dumped her right then. He walked out and that was it."

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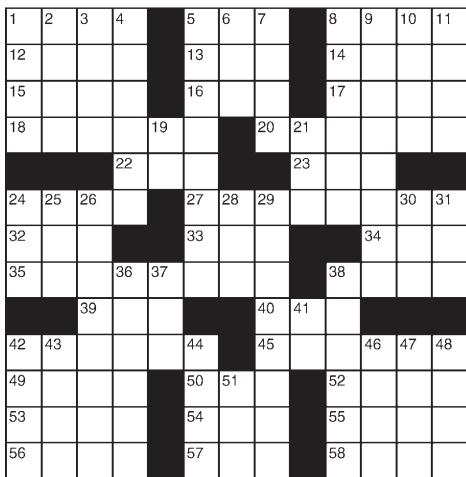
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**entertainment 15****Take Five****Crossword across**

- 1 Bellow  
 5 Indispensable  
 8 Not up and about  
 12 Shrek is one  
 13 Epoch  
 14 Wheel hub  
 15 Evidenced a pinprick  
 16 Present  
 17 Smooth-talking  
 18 Old salt  
 20 Witch's incantations  
 22 Mound stat  
 23 Crafty  
 24 Deer little one?  
 27 Plundered  
 30 Eggs  
 31 Kimono belt  
 34 "— the ramparts ..." 35 Borrow money  
 38 Slow  
 39 Flightless bird  
 40 Rotation duration  
 42 Indicates "I dunno"  
 45 Star-related  
 49 Lofty  
 50 Hooter  
 52 Vagrant  
 53 Shaving cream additive  
 54 Privy  
 55 Piece of work  
 56 Ink smudge  
 57 Yoko of music  
 58 Profits

**Crossword down**

- 1 Plagiarizes  
 2 Watch impolitely  
 3 Vicinity  
 4 Blush  
 5 Aussie critter  
 6 Id counterpart  
 7 Evergreens  
 8 "— & Demons"  
 9 Flamboyant pitch  
 10 Satan's forte  
 11 Socialist candidate  
 Eugene  
 19 If not  
 21 Omega preceder  
 24 Navigation hindrance  
 25 St. crosser  
 26 Napoleon's downfall  
 28 Lawyers' org.  
 29 Curried recipe  
 30 "A mouse!"  
 31 Desiccate  
 36 Charm  
 37 Drag along  
 38 Big constrictor  
 41 For example  
 42 Impale  
 43 Corridor  
 44 Song for one  
 46 Hitchcock tour de force  
 47 Touch  
 48 Privation  
 51 Triumphed

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

E	I	S	F	E	L	T	A	C	H	E
C	A	I	N	A	L	E	R	O	O	D
H	O	T	S	T	U	F	F	E	L	B
O	S	S	I	E	T	E	N	D	O	N
L	A	M	A	O	A	F				
L	A	C	E	O	V	E	A	P		
A	G	O	B	L	O	T	E	R		
G	E	L	D	O	I	N	S	T	E	W
E	S	C	O	R	T	E	L	O	P	E
T	H	U	S	Z	H	O	T	W	A	T
C	O	T	E	A	D	O	S	T	A	G
H	E	S	S	W	E	E	H	O	S	S

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**SUDOKU SOLVE TIME:** 17-21 min .....Smart  
 Under 13 min .....Genius  
 13-17 min .....Scholar 21-25 min .....Not bad  
 25+ min .....Keep practising

**Metro Recipe of the Day**

MEGAN MCNAUL



submitted by a Club Member!

**Mango Curried Chicken**

Submitted by Laurie Chambers, Toronto, ON

**INGREDIENTS:**

- 1 can of mangoes  
 1 chicken breast  
 1 bunch of fresh cilantro  
 1 tbsp of madras curry paste  
 1 package of vermicelli rice noodles

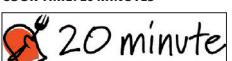
taste. At this time, add the mangos that are left in the can (cut to edible size). Cool for 3 min.

Place Mango Curry Chicken over cooked rice noodles and serve hot. Add a sprig of fresh cilantro to garnish.

**METHOD:**

Empty the juice/syrup of the can of mangoes into a pot warming on the stove. Add the tbsp of curry paste and stir.

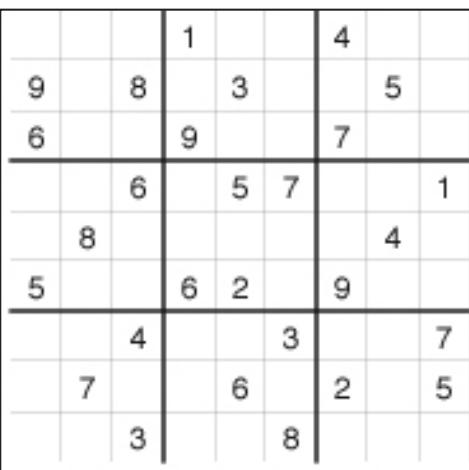
Once the curry paste has dissolved into the juice, add the chicken in cubes or strips. Once the chicken is thoroughly cooked, add some chopped cilantro to

**SERVES 2-4****PREP TIME: 10 MINUTES****COOK TIME: 10 MINUTES**

20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at [20minutesupperclub.com](http://20minutesupperclub.com)

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**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Horoscopes by Sally Brompton****ARIES**

MARCH 21-APRIL 20

You have never been the type to follow the herd. Go your own way, do your own thing and, if certain people don't like it, do it some more.

**LIBRA**

SEPT 23-OCT 23

The best way to handle the stress in your life is to take nothing too seriously, not even yourself.

**TAURUS**

APRIL 21-MAY 21

No matter your age or your social position you will come up with a vision that leaves those you work and do business with dumbstruck in admiration.

**SCORPIO**

OCT 24-NOV 22

You can do almost anything you like today, but there is one thing you must not do and that is to let other people speak for you.

**GEMINI**

MAY 22-JUNE 21

Use your powers of persuasion to make sure you get your share of whatever financial and material goodies may be up for grabs.

**SAGITTARIUS**

NOV 23-DEC 21

You may not want to believe that someone would cheat you, but can you afford to take the chance? Be on the lookout for signs of evasiveness today.

**CANCER**

JUNE 22-JULY 22

Take a few chances today. With mind planet Mercury linked in the best possible way to Uranus, your ideas will be, to say the least, a bit out of the ordinary.

**CAPRICORN**

DEC 22-JAN 20

Not only will you be daring in action today but your mind will be razor sharp, and with that kind of combination you are sure to go far.

**LEO**

JULY 23-AUG 23

Don't sit there waiting for others to make the first move. You're a Leo, you're supposed to be a leader, not a follower.

**AQUARIUS**

JAN 21-FEB 18

A good deed you do for someone you barely know will have a number of positive effects over the next few days.

**VIRGO**

AUG 24-SEPT 22

The whole world seems to be singing your praises, which is nice, but don't let it go to your head. You know what they say about pride coming before a fall.

**PISCES**

FEB 19-MARCH 20

Your highly artistic nature will be much in demand today and you may have to turn down offers because you already have too much on your plate.

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